

1. Introduction – Entering the home

Helpful questions to ask

- How would you feel about me looking around your home with you?
- Could you show me (how you get) around your home?
- Can you show me the rooms in your home that you use most days?
- Is this the chair/sofa you sit in most of the time?
- Have you had any recent slips/trips or falls?
- Are there any areas in your home you avoid/have difficulty getting to?

What to look out for

- Using furniture and/or walls as support while walking.
- Tends to park walking aids and not use around the room.
- Difficulty maneuvering walking aid around furniture.
- Leaning on walls when stopping to talk in a room.
- Multiple pillows, cushion on favourite chair.
- Using walking frame to pull self-up from chair.

Translating what you see & hear into your assessment

- X observed mobilising around her home using furniture and walls to support her.
- X observed leaving walking frame in hallway when going into bathroom and bedroom.
- X has difficulty manoeuvring walking frame to favourite chair due to other pieces of furniture in the lounge.
- X observed leaning on walls for support throughout the assessment.
- X uses cushions on her favourite chair.
- X observed pulling on walking aid to assist with sit to stand.