

# Support Planning and Delivering Reablement – Part 2

### Mr. S. Client Scenario for My Aged Care Assessor

Mr S. has been referred to your organisation for an assessment, he has recently given up his license and is unable to continue to visit a friend who lives outside of the metropolitan area.

During the assessment Mr S. shared that he stopped driving his car approximately 8 months ago after a minor accident and some near misses. His confidence levels and responses to changes to the traffic had lessened over several years and he thought it would be better to stop all together before a more serious accident occurred.

Since Mr S. has stopped driving, he has relied on neighbours to access the local shops and medical appointments but is very keen to visit his lifelong friend on a regular basis again. He stated his life has changed, as giving up his driver's license has had a significant impact on his ability to socialise and undertake activities like shopping when he wants to, stating he misses the independence he used to have when driving.

Mr S. lives alone in his unit. He has two children, a daughter who lives in Victoria and a son who lives in southwest WA. He is in regular phone contact with both and in the past has visited and stayed with his son and family. His daughter tries to get home once a year for a visit. Mr S. has an interest in rare coins and over the years has become friends with several collectors.

Mr S. has a childhood friend who lives approximately 80 kms south which he used to visit on a regular basis but since he has stopped driving has not been able to access transport to visit him. Mr S. does not use public transport and stated he would not know where to start to catch a bus or train, he made the comment "I'd probably end up going North if I tried to catch a bus to South!"

Mr S. was observed mobilising independently around his home, he can transfer from sitting in a dining chair to standing position easily, although, he stated he finds it a little harder from the lounge chair but manages. He did state that he uses a walking stick when out in the community, which assists him to feel more balanced as he tires walking greater distances.