

Support Planning and Delivering Reablement – Part 2

Mrs E. Client Scenario for My Aged Care Assessor

Mrs E. has been referred to your organisation for an assessment, she has recently been diagnosed with having dementia, which is impacting on her ability to initiate daily activities she once was keen to partake in, such as gardening. Mrs E. lives with osteoarthritis in her knees which at times has caused pain, especially after spending time in the garden.

Mrs E. lives with her husband, he has noticed over the last several months Mrs E decreasing interest in her garden and pot plants and is finding it difficult to manage both the domestic and garden chores. Mr E. stated that his wife does not accept her memory loss or connect it with the courtyard garden becoming unkept, although she has made comments about how it is looking 'unloved'.

Mr and Mrs E. have 2 children who live nearby and are very supportive but do not always have the time to assist as they have their own families. Mr E. would like the courtyard pot plants to be raised and someone to encourage Mrs E. to get reacquainted with her favourite pastime.

Mrs E. was observed walking inside and outside of her home independently and was keen to show the assessor the garden and pot plants, although, made a comment she needed to get out there again to tidy it up but had been too busy.

During your assessment you observed Mrs E. was able to communicate and answer some of the questions asked but relied on her husband to answer queries relating to completing daily activities such as the cooking and cleaning. She was observed mobilising inside the house and when prompted was keen to show you the pot plants in the courtyard. When observed sitting to standing position it seemed with effort and groans caused by pain.