

Support Planning and Delivering Reablement – Part 2

Mr G. – Client Scenario for My Aged Care Assessor

Mr. G has been referred from the local hospital for an assessment as he is currently unable to complete his personal care tasks independently.

During the assessment Mr. G identified he had a fall in his backyard and hurt his wrist and shoulder which are slowly improving. He also has a wound on the back of his head which is close to being healed. Mr G. stated the fall has left him frightened about walking inside and outside of his home, where he has lived on his own since his wife passed away 10 years ago.

Mr G. talked about his past occupation of working on a farm for many years, but he and his wife moved to Perth to be closer to their daughters. He is in contact with his two daughters regularly, but they are busy with their own families. He usually spends his time in the garden or at the bowls club but since his fall does not know if he is going to be able to get back to these interests, although, his friends have called to see if he wants a lift to the club which they have helped him with since giving up his license about 12 months ago.

During your assessment Mr G was observed walking with a 4-wheeled walker which was provided by the hospital, he used the handrail in place when demonstrating how he transferred into the shower. He needed to rock back and forwards a couple of times when going from sitting to standing. Mr G. stated his shoulder hurt when trying to stand up from the shower chair provided by the hospital. He also stated before his fall he had very good mobility and hoped that he could get back to being able to move independently without pain.