

The Language of Reablement

Communication Activity for: Support Workers

The Duong and Jack scenarios demonstrated the impact your language can have on the outcome for clients. Read the list of statements below and rephrase them to reflect the reablement approach.

Include the features of reablement language:

- Promotes independence
- Encourages
- Motivates
- Builds confidence
- Builds relationships
- Supports good outcomes for clients

Dependency language	Reablement language
'Let me do the dishes for you; it will be faster'	
'Let me hang out the laundry for you. I don't want you falling in the back yard'	
'We don't want you to get worn out doing the shopping. you wait here and I will go to the shops for you'	
'I see your photo frames are all dusty. I'll clean them when I have finished the vaccuuming'	
'What should I make for your lunch today?'	
'I'm going to wash the floors. Where can I find the mop and bucket?'	