

The Language of Reablement

Communication Activity for:

Regional Assessment Service (RAS)

The Duong and Jack scenarios demonstrated the impact your language can have on the outcome for clients. Read the list of statements below and rephrase them to reflect the reablement approach.

Include the features of reablement language:

- Promotes independence
- Encourages
- Motivates
- Builds confidence
- Builds relationships
- Supports good outcomes for clients

Dependency language	Reablement language
'I'm here today to talk about the tasks you can no longer manage'	
'Vacuuming is heavy work, let's arrange for a support worker to do that'	
'Shopping sounds like it's becoming a problem, can a family member go on your behalf?'	
'Preparing meals can become tiring, do you want to consider a meals on wheels service?'	
'Maybe it would be safer if you didn't access the second floor of your home'	