# Keep Able

# The Language of Reablement

## Communication Activity for:
## Service Coordinators

The Duong and Jack scenarios demonstrated the impact your language can have on the outcome for clients. Read the list of statements below and rephrase them to reflect the reablement approach.

### Include the features of reablement language:

☑ Promotes independence
☑ Encourages
☑ Motivates
☑ Builds confidence
☑ Builds relationships
☑ Supports good outcomes for clients

| Dependency language | Reablement language |
|---|---|
| 'Your support plan will cover all the tasks you need a support worker to do' | |
| 'The assessor that came to see you has written that you are managing to wash the dishes and dry them, but we can arrange for the support worker to do that while they are here' | |
| 'Do you want the support worker to let themselves in when they arrive?' | |
| 'Are there any other services we offer that would be of interest to you?' | |
| 'Don't try and do too much too soon, you can have the services for as long as you need' | |
| 'By accepting help, you will be able to stay at home for longer' | |