Introducing LifeCurve™

Case scenario 1

Imelda is an 85yo lady living independently in her own home. Her husband died 5 years ago. She stays busy by going out for coffee dates with friends, visiting her family, and regularly playing 9 holes of golf.

Recently, Imelda was very sick with the flu. She had to stay in bed for a week and could not do her usual activities for another 2 weeks. Now, Imelda wants to get back to doing the things she loves.

However, activities she usually took for granted, like grocery shopping, are now exhausting. She has reluctantly had to ask her daughter, Emma, for help.

Emma is wondering if she should also help Imelda with other tasks around the house? She is 85 years old, after all...

Working in groups of 2–3, discuss the following questions:

Where did Imelda rate on the vertical axis of the LifeCurve™ before she got sick? Where does she rate now?

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Do you think Imelda has potential to move back up the vertical axis? That is, would she benefit from reablement? Why or why not?

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Why did Imelda's function decline? Was it due to an incident or age-related functional decline?

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Should Emma start doing more for Imelda because Imelda is 85yo? Why or why not?

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