

Care Planning:

Supporting you now and exploring the future

Can your organisation benefit from support in **Quality Standard 2: Ongoing Assessment and Planning with Consumers**? This session provides insights from contemporary research to support care planning with a wellness and reablement focus. Helpful resources are signposted along the way, including Keep Able's brand new Care Planning Fundamentals.

The most exciting part is saved for last! Occupational Therapists Tyran Lewis and Johanna Walley from Independent Living Assessment (iLA) give a sneak peek into the potential future of AI care planning. Don't miss this unique opportunity to learn about the possibilities afforded by digital transformation.

Department of Health and Aged Care Resources

- ▶ **Aged Care Act 2024**
[New Aged Care Act | Australian Government Department of Health and Aged Care](#)
- ▶ **2023 CHSP Wellness and Reablement Report Outcomes**
[2023 Commonwealth Home Support Programme \(CHSP\) wellness and reablement report outcomes | Australian Government Department of Health and Aged Care](#)
- ▶ **Strengthened Aged Care Quality Standards**
[Strengthening the Aged Care Quality Standards | Australian Government Department of Health and Aged Care](#)

References

“Exploring reablement: Key findings and client experiences in aged care”

This excellent systematic review can be found at Keep Able's Evidence Hub. You can find the full article there or simply read our concise summary of the key points. There are also reflective practice questions to consider – excellent for team meetings and supporting quality improvement.

[Exploring Reablement: Key Findings & Client Experiences in Aged Care](#)

“Older adults’ experiences of goals in health: A systematic review and metasynthesis”

Baker, N., Lawn, S., Gordon, S. J., & George, S. (2020). Older Adults’ Experiences of Goals in Health: A Systematic Review and Metasynthesis. *Journal of Applied Gerontology*, 40(8), 818-827. <https://doi.org/10.1177/0733464820918134>

Keep Able Care Planning Fundamentals

Learn how to create person-centred care plans that embed wellness and reablement principles, align with aged care quality standards, and support clients in pursuing independence.

- ▶ **Care Planning Fundamentals webpage**

This will guide you through the process of care planning for wellness and reablement. There are many links to reliable resources that will help you uphold the Aged Care Act 2024 and the Strengthened Quality Standards.

[Care Planning Fundamentals: A Guide to Wellness & Reablement](#)

- ▶ **Care Planning Tools and Templates webpage**

Need a template to ensure you have a comprehensive approach to care planning for wellness and reablement? Would you like to see examples of SMARTA goals or how reablement strategies can be incorporated into a care plan? Explore the new suite of Keep Able resources.

[Care Planning Tools & Templates for Wellness & Reablement](#)