

References and helpful resources

First Nations Perspectives: Assistive technology

Assistive Technology can be the difference between dependence and independence for many older people. But what if you meet resistance to AT, even if you know it could help? Maybe you need a new cultural lens.

Vanessa Langenberg and the Growth and Innovation Team at iLA have engaged in exciting collaborations with First Nations groups and other culturally diverse populations to find out more about assistive technology use. Vanessa shares the outcomes of consultations with First Nations elders. Their insights can enhance reablement outcomes, and links to some excellent evidence-based resources about AT for First Nations and multicultural populations re included here.

Department of Health and Aged Care Resources

- ▶ **Aged Care Act 2024.**
[New Aged Care Act | Australian Government Department of Health and Aged Care](#)

Assistive Technology Resources for First Nations and other culturally diverse populations

- ▶ **iLA - "LiveUp Better Practice Guide for Culturally Safe information about assistive products"**
The Guide represents iLA's first steps on a lifelong journey to help decolonise the Assistive Technology space, and to genuinely centre First Nations perspectives in information about assistive products. Through the Guide, iLA aims to create a shared vision for a culturally safe LiveUp, so that the initiative can better educate and engage older First Nations people on low-risk and under-advice assistive products.
[Assistive Technology Resources for Aged Care Support Workers](#)
- ▶ **LiveUp - "Everyday tools to help Mob" and "Healthy ageing yarns"**
Videos, posters, videos, booklets made by, with and for First Nations communities. Links to this content can be found at Keep Able (link below)
[Assistive Technology Resources for Aged Care Support Workers](#)

Continued...

➤ **LiveUp** – “Making Choices, Finding Solutions” (15 translated versions)

Making Choices, Finding Solutions is Australia’s leading guide designed to help older people maintain their independence at home and in the community. The guide was written by occupational therapists and is packed with suggestions and advice on low-cost assistive products, basic home modifications, and tips and tricks for when you are out and about.

[Community engagement resources | LiveUp](#)